

VEER BAHADUR SINGH PURVANCHAL UNIVERSITY, JAUNPUR

Examination and Evaluation Pattern

For B.A./B.Sc. I - Year (First and Second Semester)

To Be Implemented From Session – 2021-2022

(Approved by BOS Psychology on 25-11-2021)

Year - First

Semester - First

Paper - 1 (Theory)

Course Code: A090101T

Course Title: Basic Psychological Processes

Maximum Marks: 75 (External) + 25 (Internal) = 100

Minimum Passing Marks: 25 (External) + 10 (Internal) = 35

(A) Examination and Evaluation Pattern/Method for External Assessment

Examination Pattern	Number of Questions	Marks for each Question	Total Marks
Objective Type (MCQ)	50	1.5	75

(B) Examination and Evaluation Pattern/Method for Internal Assessment

Examination Pattern	Marks	Total Marks
Home Assignment/Seminar	10	25
Written Test	15	

Year - First
Semester - First
Paper - 2 (Practical)

Course Code: A090102P

Course Title: Lab Work

Maximum Marks: 75 (External) + 25 (Internal) = 100

Minimum Passing Marks: 25 (External) + 10 (Internal) = 35

(A) Examination and Evaluation Pattern/Method for External Assessment

Examination Pattern	Marks	Total Marks
Written Exam	25	75
Viva Voce	50	

(B) Examination and Evaluation Pattern/Method for Internal Assessment

Nature of Assignment/Activity	Marks	Total Marks
Practical File Writing and Presentation	25	25

Year - First
Semester - Second
Paper - 1 (Theory)

Course Code: A090201T

Course Title: Basic Research Methodology and Statistics

Maximum Marks: 75 (External) + 25 (Internal) = 100

Minimum Passing Marks: 25 (External) + 10 (Internal) = 35

(A) Examination and Evaluation Pattern/Method for External Assessment

Examination Pattern	Section	Number of Questions	Marks for each Question	Total of each Section	Grand Total
Descriptive Type (Already Prevalent)	• Section – A (Very Short Answer Type Questions)	10	1.5	15	75
	• Section – B (Short Answer Type Questions)	5	8	40	
	• Section – C (Long Answer Type Questions)	2	10	20	

(B) Examination and Evaluation Pattern/Method for Internal Assessment

Examination Pattern	Marks	Total Marks
Home Assignment/Seminar	10	25
Written Test	15	

Year - First
Semester - Second
Paper - 2 (Practical)

Course Code: A090202P

Course Title: Lab Work/ Psychological Testing

Maximum Marks: 75 (External) + 25 (Internal) = 100

Minimum Passing Marks: 25 (External) + 10 (Internal) = 35

(A) Examination and Evaluation Pattern/Method for External Assessment

Examination Pattern	Marks	Total Marks
Written Exam	25	75
Viva Voce	50	

(B) Examination and Evaluation Pattern/Method for Internal Assessment

Nature of Assignment/Activity	Marks	Total Marks
Practical File Writing and Presentation	25	25

VEER BAHADUR SINGH PURVANCHAL UNIVERSITY, JAUNPUR
Modified Common Minimum Syllabus Under NEP 2020
For B.A./B.Sc. I - Year (First and Second Semester) Psychology
From Session – 2021-2022
(Approved by BOS Psychology on 25/11/2021)

Semester-wise Titles of the Papers in B.A. / B. Sc. I - Year
(First and Second Semester)

Year	Sem.	Course Code	Paper Title	Theory/Practical	Credits
B.A. 1	I	A090101T	Basic Psychological Processes	Theory	4
	I	A090102P	Lab Work	Practical	2
	II	A090201T	Basic Research Methodology and Statistics	Theory	4
	II	A090202P	Lab Work/ Psychological Testing	Practical	2

Semester I

Paper 1

Theory

Program/Class: Certificate	Year: First	Semester: First
Subject: Psychology		
Course Code: A090101T	Course Title: Basic Psychological Processes	
Course Outcome: The students will learn about the fundamental processes and core psychological concepts, models, classical theories, varied perspectives, and will be able to apply them in their own and in others lives. It will also give the learner a clear understanding of the concepts like intelligence, motivation, emotion and personality. It will develop critical analytical skills regarding these individualistic traits.		
Credits: 4	Core Compulsory	
Max. Marks: 25+75	Min. Passing Marks: 10+25	
Total No. of Lectures-Tutorials-Practical (in hours per week): L-T-P: 4-0-0		
Unit	Topics	No. of Lectures
I	Psychology: Meaning, Nature, Scope and Applications; Approaches: Psychodynamic, Behavioristic and Gestalt.	8
II	Attention Processes: Meaning, Nature, Determinants and Types; Perceptual Processes: Meaning, Nature and Determinants; Perceptual Organization; Perceptual Illusion.	7
III	Learning: Classical Conditioning, Operant Conditioning and Verbal Learning: Methods and Procedures.	8
IV	Memory and Forgetting: Stages of Memory: Encoding, Storage and Retrieval; Types of Memory: Sensory, Short Term and Long Term Memory (Basic Introduction); Forgetting: Interference and Cue-Dependent Forgetting.	8
V	Intelligence: Nature and Definition; Concept of IQ; Theories of Intelligence (Introduction of Basic Concepts): Spearman, Thurston, Guilford.	8

VI	Personality: Definition and Determinants; Jung's Classification of Personality; Approach of Personality (Basic Concepts): Trait Approach (Allport); Psychodynamic (Freud), Humanistic (Rogers).	8
VII	Motivation: Nature and Concept (Needs, Drives, Instincts); Types of Motives: Biological and Social Motives, Need Hierarchy Theory (Basic Concept)	7
VIII	Emotion: Meaning and Nature of Emotion; Classification of Emotion. Theories of Emotion: James-Lange, Cannon-Bard, Lazarus.	6

Suggested Readings:

1. Baron, R. & Misra, G. (2016). *Psychology* (5th edition). New Delhi: Pearson.
2. Ciccarelli, S. K., White, N.J., & Misra, G. (2017). *Psychology* (5th ed., South Asian Edition). New Delhi: Pearson Education.
3. Cornelissen, M., Mishra, G. & Verma, S. (2014). *Foundations of Indian Psychology*. New Delhi: Pearson Education.
4. De Silva, P. (2005). *An introduction to Buddhist psychology*. Springer.
5. Galotti, K.M. (2014). *Cognitive Psychology: In and Out of the Laboratory* (5th ed.). New Delhi: Sage.
6. Feldman, R. S. (2006). *Understanding Psychology*. India: Tata McGraw Hill.
7. Mishra, G. (Edited) (2019). *Personality in Indigenous Tradition*. In ICSSR Research Surveys & explorations Psychology (Vol.2): Individual and the Social Processes & Issues. New Delhi: Oxford University Press.
8. Morgan, C.T., King, R.A., Weiss, R.A., & Schopler, J. (2004). *Introduction to Psychology* (7th ed.). New York: McGraw Hill.
9. Suhotra (2007). *Vedantic Psychology: India's ancient vision of the Mind*. The Bhaktivedanta Academy.
10. Swami Akhilanand (2001 edition). *Hindu Psychology: It's meaning for the West*. Taylor & Francis.

11. Zimbardo, P.C. & Weber, A.L. (1997). *Psychology*. New York: Harper Collins College Publishers.
12. सिंह, अरुण कुमार (2006). उच्चतर सामान्य मनोविज्ञान। वाराणसी; मोतीलाल बनारसीदास प्रकाशन।
13. त्रिपाठी, लाल बचन एवं अन्य. (2001). आधुनिक प्रायोगिक मनोविज्ञान। आगरा; हरप्रसाद भार्गव।
14. श्रीवास्तव, डी0. एन0., (2008). व्यक्तित्व का मनोविज्ञान। आगरा; अग्रवाल पब्लिकेशन।
15. सिंह, आर0 एन0 एवं भारद्वाज, एस0. एस0. (2017). मूल मनोवैज्ञानिक प्रक्रियाएं। आगरा; अग्रवाल पब्लिकेशन।
16. श्रीवास्तव, रामजी. (2008). आधुनिक सामान्य मनोविज्ञान। वाराणसी; मोतीलाल बनारसीदास।
17. Suggestive digital platforms web links- <http://heecontent.upsdc.gov.in/Home.aspx>
<http://www.apa.org>

This course can be opted as an elective: Open to all

Total Marks for Internal Assessment = 25

Approved/Accepted Continuous Evaluation Method for Internal Assessment -

- Home Assignment/ Seminar (10 Marks)
- Written Test (15 Marks)

Course prerequisites:10+2 in any discipline

Suggested equivalent online courses:

- Coursera
- Swayam

Paper 2**Practical**

Program/Class: Certificate	Year: First	Semester: First
Subject: Psychology		
Course Code: A090102P	Course Title: Lab Work	
Course Outcome: Students will be imparted a variety of skills to design and conduct psychological experiments ensuring controlled conditions, report writing and interpretations of the report.		
Credits: 2	Core Compulsory	
Max. Marks: 25+75	Min. Passing Marks: 10+25	

Total No. of Lectures-Tutorials-Practical (in hours per week): L-T-P: 0-0-2		
Unit	Topics	No. of Lectures
I	Any one experiment based on Attention/Perceptual Processes	8 (16 hrs)
II	Any one experiment/test on Classical Conditioning/Operant Conditioning/Verbal Learning	8 (16 hrs)
III	Any one experiment on Memory/Forgetting	7 (14 hrs)
IV	Any one experiment/test on motivational/emotional processes	7 (14 hrs)
Suggested Readings:		
<ol style="list-style-type: none"> 1. त्रिपाठी, लाल बचन एवं अन्य. (2001). आधुनिक प्रायोगिक मनोविज्ञान। आगरा; हरप्रसाद भार्गव। 2. सिंह, आर० एन० एवं भारद्वाज, एस० एस०. (2015). उच्च प्रायोगिक मनोविज्ञान। आगरा; अग्रवाल पब्लिकेशन। 3. सिंह, आर० एन० एवं भारद्वाज, एस० एस०. (2010). मनोवैज्ञानिक प्रयोग एवं परीक्षण खण्ड प्रथम एवं द्वितीय। आगरा; अग्रवाल पब्लिकेशन। 4. Suggestive digital platforms web links- http://heecontent.upsdc.gov.in/Home.aspx 		
This course can be opted by the students who has opted psychology as a subject.		
Max Marks for Practical Exam = 100 (25+75)		
(A) Total Marks for Internal Assessment = 25		
Approved/Accepted Continuous Evaluation Method for Internal Assessment -		
<ul style="list-style-type: none"> • Practical File Writing and Presentation (25 marks) 		
(B) Total Marks for External Assessment = 75		
Approved/Accepted Evaluation Method for External Assessment -		
<ul style="list-style-type: none"> • Written Exam (25 marks) • Viva Voce (50 marks) 		
Course prerequisites: Only for those who took psychology as a subject		

Semester II

Paper 1

Theory

Program/Class: Certificate	Year: First	Semester: Second
Subject: Psychology		
Course Code: A090201T	Course Title: Basic Research Methodology and Statistics	
Course Outcome: The learners will be able to comprehend psychological data and can put them on appropriate scaling method. Moreover, they will be getting hold of essentials of psychological testing along with various kinds of tests implemented.		

Credits: 4		Core Compulsory
Max. Marks: 25+75		Min. Passing Marks: 10+25
Total No. of Lectures-Tutorials-Practical (in hours per week): L-T-P: 4-0-0		
Unit	Topics	No. of Lectures
I	Measurement: M e a n i n g a n d Nature o f Psychological Measurement; Levels of Measurement (Basic Concepts).	6
II	Psychological Research: Meaning and Nature; Psychological Research Methods: Experimental, Correlational, and Observational; Basic Concepts and types of Research Problem, Variable, Hypothesis; Sampling: Concept and Methods.	8
III	Psychological Statistics Introduction; Parametric and Non-Parametric Statistics (Basic Concepts), Measures of Central Tendency (Mean, Median, Mode), Measures of Variability (SD, QD, AD).	8
IV	Frequency Distribution (Basic Concept). Graphical Representation of Data: Frequency Polygon, Histogram and Bar Diagram. The Normal Distribution: Meaning and Nature.	8
V	Correlation: Meaning; Product Moment and Rank Order Correlation, Chi- Square tests and t test. Interpretation of t value – level of significance.	7
VI	Tests: Concept and Types; Psychometric Properties of Tests: Validity and Reliability: Nature and Types.	7

VII	Intelligence Testing: Measurement of abilities: Stanford Binet, and Wechsler Test of Intelligence.	8
VIII	Personality Tests: Self Report Inventories (16 PF, NEO-PIR), Projective Techniques: TAT and Rorschach Ink Blot Test.	8

Suggested Readings:

1. Anastasi, A. (1950). Psychological Testing. Prentice Hall.
2. Cronbach, L.J. (1960) (2nd Edition). *Essentials of Psychological Testing*. New York: Harper.
3. Freeman, F.S. (1962) (3rd Edition). *Theory and practice of psychological testing*. New York: Holt, Rinehart & Winston.
4. Garrett, H. E. (1966). *Statistics in Psychology and Education*. Paragon International Publishers.
5. Gregory, R.J. (2014) (6th Edition). *Psychological Testing: History, Principles and Applications*. New Delhi: Pearson India Education.
6. Guilford, J.P. (1936). *Psychometric Methods*. London: McGraw Hill Publishing Company.
7. Kerlinger, F.N. (1983). *Foundations of Behavioral Research*. New Delhi: Surjeet Publications.
8. लाल. जे. एन. (1999). मनोविज्ञान एवं शिक्षा में सांख्यिकी। नीलकमल प्रकाशन गोरखपुर।
9. मीश्रा, बब्बन एवं त्रिपाठी, लाल बचन (1994). मनोवैज्ञानिक सांख्यिकी। हर प्रसाद भार्गव आगरा।
10. Singh, A.K. (2006). *Tests, Measurement and Research Methods in Behavioral Sciences*. Patna: Bharti Bhavan.
11. श्रीवास्तव, डी0 एन0., एवं वर्मा, पी0. (2012). मनोविज्ञान शिक्षा एवं अन्य सामाजिक विज्ञानों में सांख्यिकी। आगरा; विनोद पुस्तक मन्दिर।
12. श्रीवास्तव, रामजी एवं अन्य. (2003). मनोविज्ञान, शिक्षा तथा समाजशास्त्र में सांख्यिकी विधियां। वाराणसी; मोतीलाल बनारसीदास।
13. सिंह, आर0. एन0. एवं भाटिया, टी0. (2018). आधुनिक सांख्यिकीय विधियां। आगरा; अग्रवाल पब्लिकेशन।
14. Suggestive digital platforms web links- <http://heecontent.upsdc.gov.in/Home.aspx>

Total Marks for Internal Assessment = 25

Approved/Accepted Continuous Evaluation Method for Internal Assessment -

- Home Assignment/ Seminar (10 Marks)
- Written Test (15 Marks)

Paper 2**Practical**

Program/Class: Certificate	Year: First	Semester: Second
Subject: Psychology		
Course Code: A090202P	Course Title: Lab Work/ Psychological Testing	
Course Outcome: Students will be conferred an array of skills to carry out experiments in lab settings, design and conduct psychological experiments ensuring controlled conditions, report writing and interpretations of the report.		
Credits: 2	Core Compulsory	
Max. Marks: 25+75	Min. Passing Marks: 10+25	

Total No. of Lectures-Tutorials-Practical (in hours per week): L-T-P: 0-0-2		
Unit	Topics	No. of Lectures
I	Plan, conduct and report an experiment using experimental method	8 (16 hrs)
II	Ascertain the Reliability of any psychological test using any method of Reliability and report	7 (14 hrs)
III	Administer any one Self-Report Inventory on a subject, score and report	7 (14 hrs)
IV	Administer any one Intelligence Test on a subject/subjects, score and report	8 (16 hrs)
Suggested Readings:		
1- त्रिपाठी, लाल बचन एवं अन्य (2001). आधुनिक प्रायोगिक मनाविज्ञान। आगरा; हर प्रसाद भार्गव। 2- Suggestive digital platforms web links- http://heecontent.upsdc.gov.in/Home.aspx , www.psytoolkit.org		
This course can be opted by the students who took psychology as a subject.		
Max Marks for Practical Exam = 100 (25+75)		
(A) Total Marks for Internal Assessment = 25		
Approved/Accepted Continuous Evaluation Method for Internal Assessment -		
<ul style="list-style-type: none"> • Practical File Writing and Presentation (25 marks) 		
(B) Total Marks for External Assessment = 75		
Approved/Accepted Evaluation Method for External Assessment -		
<ul style="list-style-type: none"> • Written Exam (25 marks) • Viva Voce (50 marks) 		
Course prerequisites: Only for those who took Psychology as a subject		